



IMPROVING HEALTH CARE QUALITY

Adult Access to Preventive/ Ambulatory Health Services

Blue Cross and Blue Shield of Texas (BCBSTX) collects data from our providers to measure and improve the quality of care our members receive. Adult access to preventive/ambulatory health services (AAP) is one aspect of care we measure in our quality programs.*

What We Measure

We capture the percentage of members ages 20 and older who had an outpatient ambulatory or preventive care visit with any provider type during the measurement year.

- For Medicaid and Medicare members, one or more visits must occur during the measurement year.
- For state-regulated fully insured and self-funded employer group members, one or more visits must occur during or two years before the measurement year.

AAP is a Healthcare Effectiveness Data and Information Set (HEDIS®) measure. See the [National Committee for Quality Assurance \(NCQA\) website](#) for more details.

Why It Matters

AAP visits allow adults to receive preventive services and counseling on topics such as diet and exercise. These visits can help members address acute issues or manage chronic conditions.



Eligible Population

Members ages 20 and older as of Dec. 31 of the measurement year are included in this measure.

- Three age groups and a total are reported for this measure: ages 20-44, 45-64 and 65 and older.
- **Exclusion:** Members in hospice are excluded from the eligible population.

Ways to Improve

- Schedule preventive care appointments for members.
- Report the appropriate codes for members with one or more AAP visits during the measurement year or the two years before.

How to Document

AAP data is collected through claims data only.

For more information, see [NCQA's HEDIS Measures and Technical Resources](#).



Questions?

Contact your BCBSTX Network Representative.



* Quality measures are based on a prior calendar year performance. Measure specifications are from the National Quality Forum (NQF) and/or National Committee for Quality Assurance (NCQA).

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